

the women's diagnostic center

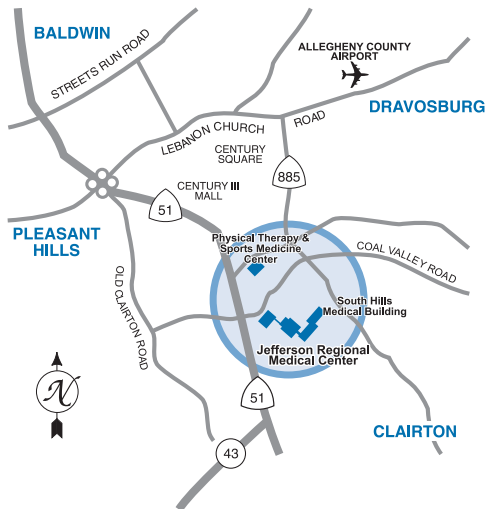
Jefferson Regional Medical Center is conveniently located just one mile from the Route 43/Route 51 Interchange in Jefferson Hills.

From the south: From the Mon Valley: take Route 43 North to Route 51 North. Turn right onto Coal Valley Road at the first traffic light on Route 51 (approximately one mile).

From the east: Take Route 376 West to the Boulevard of the Allies exit. At the fork, take the left lane to the Liberty Bridge and cross over to the Liberty Tunnel. At the tunnel's end, follow signs to Route 51 South (toward Uniontown). Follow approximately 10 miles to Coal Valley Road. Turn left onto Coal Valley Road.

From the west: Take Route 279 North to Route 51 South (toward Uniontown) immediately before entering the Fort Pitt Tunnels. Follow approximately 14 miles to Coal Valley Road. Turn left onto Coal Valley Road.

From the north: Take Route 79 South to 279 South. Take 579 South and follow signs to the Liberty Bridge and go through the Liberty Tunnel. At the tunnel's end, follow signs to Route 51 South (toward Uniontown). Follow approximately 10 miles to Coal Valley Road. Turn left onto Coal Valley Road.



www.jeffersonregional.com



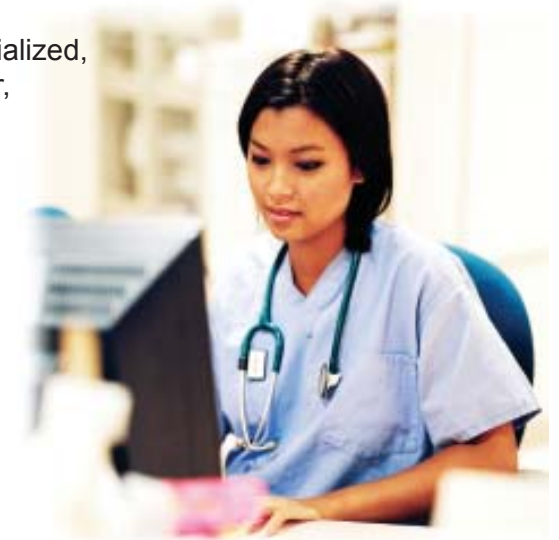
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JEFFERSON
REGIONAL MEDICAL CENTER
Medical excellence closer to home

Women's Health Services

The Women's Diagnostic Center provides a specialized, convenient, and comprehensive diagnostic center, which includes:

- ❖ Complete Breast Evaluation
- ❖ Screening Mammography
- ❖ Diagnostic Mammography
- ❖ Computer Aided Detection (CAD) Mammography
- ❖ Pelvic & Breast Ultrasound
- ❖ Ultrasound Guided Core Biopsy and Fine Needle Aspirations
- ❖ Needle Localizations
- ❖ Stereotactic Biopsies
- ❖ DXA – Bone Mineral Densitometry for Detection of Osteoporosis
- ❖ Women's Health Education Information



Jefferson Regional Medical Center is committed to maximizing the expertise and efficiency with which mammograms and all diagnostic procedures are performed and interpreted.



Highly rated by patients for compassionate care.

Types of Mammograms

Screening mammograms are performed when a patient has no breast symptoms or problems.

Diagnostic mammograms are done when a patient has one or more breast problems, such as a lump, thickening, nipple retraction or skin dimpling.

Computer Aided Detection (CAD) for mammography serves as a “second look” to assist in the early detection and diagnosis of breast abnormalities. Jefferson Regional Medical Center endorses the American Cancer Society recommendation that all women age 40 or older should have a screening mammogram every year.

Ultrasound

Uses high frequency sound waves to evaluate any mammographic abnormality or any physical finding in the breast, which could be felt by the patient or physician.

Ultrasound Guided Core Biopsy and Fine Needle Aspiration

Generally performed after a mammogram or breast ultrasound shows a suspicious area in the breast tissue. Tissue samples are removed and examined by a pathologist to determine any abnormalities.

Stereotactic Breast Biopsy

Stereotactic Breast Biopsy is a less invasive, nonsurgical outpatient procedure. The computerized imaging equipment allows breast biopsies to be obtained by removing a small amount of breast tissue

through a vacuum-assisted needle. This procedure often eliminates the need for more costly and invasive surgery.

Bone Mineral Densitometry (BMD) – For Detection of Osteoporosis

Osteoporosis is a disease in which bones become fragile and more likely to break. These broken bones, also known as fractures, occur typically in the hip, spine and wrist. These fractures can result in loss of height and stooped posture as well as a loss of mobility and independence.

Dual X-Ray Absorptiometry (DXA) is used to measure bone mineral densitometry in the spine and hip. A DXA scan is an easy, painless procedure that is completed in a few minutes with minimal radiation. The National Osteoporosis Foundation recommends that all women over the age of 65, or those of a younger age with multiple risk factors, have a DXA scan performed. Once detected, a variety of medications can be recommended by the patient’s physician to slow bone loss and prevent the fractures caused by osteoporosis.



Jefferson Regional Medical Center
The Women’s Diagnostic Center
South Hills Medical Building
Suite 309
575 Coal Valley Road
Jefferson Hills, PA 15025



Tips for Good Mammography:

- ❖ Use an FDA approved mammography facility.
- ❖ If your last mammogram was not performed at Jefferson Regional, obtain your prior mammogram films for review by the radiologist at the time of your scheduled exam.
- ❖ Describe any breast symptoms and/or abnormalities to the technologist at the time of the exam.
- ❖ Do not wear deodorant, powder or lotion under your arms on the day of the exam.
- ❖ If you have sensitive breasts, do not schedule your mammogram the week before your period is due.
- ❖ Bring a list of the places, dates of mammograms and biopsies, or other breast treatments for the radiologist to review.

Call 412-469-5234
for hours of operation or to
schedule an appointment.

- ❖ You will need a prescription from your physician with the type of procedure ordered.
- ❖ You may need prior health insurance authorization.

Jefferson Regional Medical Center’s mammography services are consistently recognized with high ratings by its patients who complete customer satisfaction surveys.

The Women’s Diagnostic Center is accredited by the American College of Radiology and the Food and Drug Administration.