



Our Facilities

We operate a 24-bed rehabilitation unit within Jefferson Regional Medical Center designed with patient convenience, comfort and privacy in mind. Technologically advanced equipment is on site and your own physician is able to follow you throughout your entire rehabilitation stay.

We also provide services at Jefferson Physical Therapy & Aquatic Therapy Center, which is located adjacent to Jefferson Regional Medical Center.

At Jefferson Regional Medical Center

We understand that the road to recovery can sometimes be a long, painstaking one. When you're faced with the need for rehabilitation services, turn to Jefferson Regional Medical Center's rehabilitation programs. We provide comprehensive rehabilitative therapy on both an inpatient and outpatient basis. Let us help you on your road back to confidence, strength and independence.

We strive to maximize functional capability and improve the quality of daily living for those affected by injury or illness in spite of the limitations that the condition may impose. Our goal is to return the patient to their community to live as independently as possible.

Rehabilitation may be right for you if you have or have had ...

- Stroke
- Back and neck pain
- Advanced arthritis
- Fractures and post-surgical care
- Knee/hip joint replacement
- Serious nerve injuries
- Multiple Sclerosis
- Parkinson's Disease
- Sports-related injuries
- Work and auto accidents
- General weakness after acute chronic illness

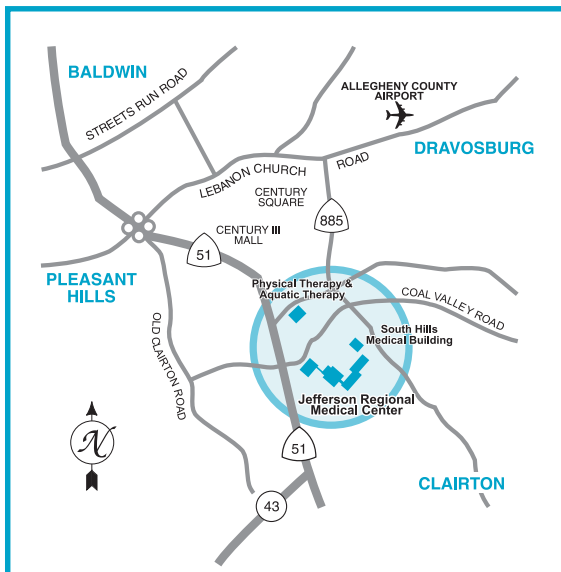
Jefferson Regional Medical Center is conveniently located just one mile from the Route 43/Route 51 Interchange in Jefferson Hills.

From the south: From the Mon Valley: take Route 43 North to Route 51 North. Turn right on Coal Valley road at the first traffic light on Route 51 (approximately one mile).

From the east: Take Route 376 West to the Boulevard of the Allies exit. At the fork, take the left lane to the Liberty Bridge and cross over to the Liberty Tunnel. At the tunnel's end, follow signs to Route 51 South (towards Uniontown). Follow approximately 10 miles to Coal Valley Road. Turn left onto Coal Valley Road.

From the west: Take Route 279 North to Route 51 South (towards Uniontown) immediately before entering the Fort Pitt Tunnels. Follow approximately 14 miles to Coal Valley Road. Turn left onto Coal Valley Road.

From the north: Take Route 79 South to 279 South. Take 579 South and follow signs to the Liberty Bridge and go through the Liberty Tunnel. At the tunnel's end, follow signs to Route 51 South (towards Uniontown). Follow approximately 10 miles to Coal Valley Road. Turn left onto Coal Valley Road.



Call Today
412-469-5015





inpatient rehabilitation

T H E R O A D T O R E C O V E R Y

JEFFERSON
REGIONAL MEDICAL CENTER
Medical excellence closer to home

Physicians

The rehabilitation program is directed by physicians that specialize in physical medicine and rehabilitation. Treatment plans are developed that suit patient's individual needs and are modified according to their progress. The physician works closely with other rehabilitation team members and other physicians to optimize patient care.



Rehabilitation Nursing

Encouraging a patient's independence is the role of the specially trained rehabilitation nurse. Family and patient involvement is essential for developing individualized plans of care to improve the recovery phase of illness or surgery.

Physical Therapy

The goal of physical therapy is to restore independence and progress function to the highest possible level. Exercises to improve range of motion, strength, balance and coordination may be used. Manual techniques and physical or thermal agents may also be used to maximize the benefit of treatment. A multi-surface area is available to simulate walking on varied surfaces.

Occupational Therapy

Occupational therapy is a rehabilitation approach that utilizes functional activities to help patients gain independence with their everyday tasks to ensure a safe discharge home.

- Dressing
- Bathing
- Getting in and out of bed
- In and out of the tub
- Homemaking tasks

Speech Therapy

Speech language pathologists evaluate and treat patients who have difficulty with communications and/or swallowing as a result of illness. Examinations may include specialized testing, such as video x-ray of swallowing or a comprehensive hearing evaluation. Aggressive treatment focuses on maximizing a person's communication abilities, which could include improving safe swallowing and compensating for memory loss.



Rehabilitation Coordinator

The rehabilitation coordinator facilitates the admission process by obtaining insurance approval and by making arrangements for admission to the rehabilitation unit.

Home Care

Home care services are provided when necessary so that patients may continue rehabilitation at home. The home care coordinator will investigate insurance coverage and home equipment needs and arrange for all services needed in the home at the time of discharge.

Outpatient Services

All rehabilitation therapies are available on an outpatient basis enabling our patients to continue their care by visiting Jefferson Regional Medical Center or Jefferson Sports Medicine Center.

Social Services

A social worker is available to meet with patients and families to discuss any concerns regarding lifestyle changes and assist with supportive services to ensure a safe transition back to the home and community. The social worker will review each patient's progress with patient and family and schedule family participation during therapy sessions.

